



# Teaism Menu

## Penn Quarter

Limited Hours Tuesday-Saturday 11am - 8pm  
Carry out or Pick up

Order online at [www.teaism.com](http://www.teaism.com)  
be sure to select Penn Quarter  
or call 202-638-6010  
problems? call Linda at 202-409-1285  
Look on various delivery platforms too!

### BIG DISHES

**Okonomiyaki** *crispy cabbage pancake, wasabi & okonomi sauces,*  
choice of: **vegetables / beef / salmon / chicken / shrimp** .... 15.00

**Udon Noodle Soup** *fat noodles with fresh ginger & mushroom broth, seared mushrooms,*  
*baby kale, with choice of added* **vegetables / chicken / shrimp** .... 14.75

**Thai Chicken Curry** *D'Artagnan chicken in a rich yellow curry with brown rice, basil,*  
*and a skewer of grilled vegetables....* 15.00

**Palak Paneer** *spinach curry with fresh farmer's cheese, brown rice & a side of raita* .... 14.00

**Baby Kale Salad** *with grilled* **salmon / shrimp / chicken / beet patty** *cucumber, tomato,*  
*mushrooms, poblanos & croutons with choice of dressing: sumac or tagarashi vegan mayo* .... 14.75

### BENTO BOXES

*sweet potatoes with miso, cucumber with tosazu, and rice* .... 15.00

- **Chicken** *grilled or panko fried*
- **Grilled Salmon** *glazed with sweet chili*
- **Korean Brisket** *with gochujang sauce*
- **Grilled Beet Patty** *with togarashi vegan mayo*

### SANDWICHES

**Korean Brisket & slaw** .... 13.50

**Salmon Cake & cucumber, kale, wasabi mayo**.... 12.50

**Grilled Chicken & cucumber,**  
*tomato, miso mayo* .... 12.50

**Vegan Cheese Burger & kale,**  
*tomato, basil, vegan mayo, cheese* .... 12.50

### SIDES

**Lentil Soup** *with cilantro & pappadum* .... 5.00

**Brown Rice** .... 3.00

**Asian Slaw** .... 4.50

**Cucumbers** *with tosazu* .... 4.50

**Sweet Potato** *with miso* .... 4.50

**Chicken Apple Sausage** .... 5.50

**Turkey Bacon** *three slices* .... 5.50

**Salmon / Beef Brisket / Chicken** .... 8.00

**Grilled Vegetable Kabob** .... 6.50  
*sauces: gochujang, sumac vinaigrette, togarashi vegan mayo, wasabi sauce*

### DESSERTS

kayak  cookies  
subtly sweet. curiously salty.

**Salty Oat** *cookie* .... 2.50

**Chocolate Salty Oat** *cookie* .... 2.70

**Chunky Chocolate Pecan**

**Salty Oat** *cookie* .... 2.70

### ALL-DAY BREAKFAST

**Okonomiyaki** *with fried eggs, choice of:*  
*turkey bacon / chicken apple sausage*  
.... 12.50

**Scrambled Eggs Sandwich**  
*with chicken sausage, slaw* .... 12.50  
*or just slaw* .... 9.00

### DRINKS

**Boba Tea** *classic bubble tea: iced black tea*  
*with milk, sugar, tapioca pearls* .... 4.00

**Ginger Limeade** .... 3.50

**Matcha Sweet Green Tea** .... 3.50

**Mango Juice** .... 3.75

**Bottled Flat Water** .... 2.50

**Lassi** *our homemade yogurt drink*  
*mango, green tea or plain* .... 4.00

**Tea** *hot or cold, see back for more info*  
*Hot Chai* *Indian spices with milk &*  
*sugar*.... 4.00

04/20/2021

\* Consuming raw or undercooked foods may increase your risk of foodborne illness, especially if you have certain medical conditions.

Note: we cook and bake with nuts and gluten, so the risk of cross-contamination exists. Please consult with us about ingredients and allergies.

## TEAS / HOT or ICED ..... 16 oz. brewed cup.....

Check out our tea menu for the full list with descriptions! They can be iced, too!

New to tea? Try a classic black tea - which has the highest caffeine content:

- **Chai** *Indian spices, with milk & sugar* .... 4.00
- **Earl Grey** *with oil of bergamot, a citrus flavor* .... 3.25
- **Keemun** *full-bodied English breakfast base* .... 3.25

Oolongs have a more complex leaf and are the “champagne” of teas:

- **Boluomi** *“honey pineapple” with a dry finish* .... 5.75

How about a lighter, more vegetal green tea?

- **Dragon Well** *fresh grassy flavor & subtle floral aroma* .... 3.75
- **Jasmine** *scented with jasmine flowers* .... 4.00
- **Sencha** *spinachy, from Japan* .... 5.00

Trying to avoid caffeine? Tisanes are blends of fruits, flowers and/or herbs:

- **Berry Beauty** *dried elderberries, currants, with hibiscus* .... 3.25
- **Lavender Lemon Mint** *and rosemary & cinnamon* .... 3.25

Feeling adventurous?!

- **Golden Monkey** *elegant black tea with hints of toast, chocolate & wine* .... 4.50
- **Gen Mai Cha** *spinachy, buttery Japanese green tea with toasted rice* .... 4.25
- **Soba Cha** *buckwheat tisane with toasted grain flavor, great hot or iced* .... 3.50

## GROCERIES

**Salty Oat** *all 6-packs* .... 14.50

**Matcha Sweet Green Tea** *tin* .... 9.75  
*Very sweet and very green! Powdered green tea from Japan and sugar, just add water. 12 ounce tin makes one gallon.*

**Granola** *16 oz. bag of our baker’s homemade granola - oats, pecans, dried mango & blueberries, raisins, coconut, maple syrup* .... 10.75

**Ginger Scone Mix** .... 5.50

**You Bake Cookies!** .... 12.00/pound

**Chai Chocolate Chip Cookie Dough**

**Hemp Heart Gluten Free Cookie Dough**

*(One pound yields approximately 15 cookies).*

**Also consider our packages of loose tea!**

### Penn Quarter

400 8th Street NW  
Washington, DC 20004  
202-638-6010

### Lafayette Park

800 Conn. Ave. NW  
Washington, DC 20006  
202-835-2233

### Dupont Circle

2009 R Street NW  
Washington, DC 20009  
202-667-3827

[www.teaism.com](http://www.teaism.com)

For more information about the opening of our other locations, see our Facebook page or

Twitter:  
@TeaismATeaHouse

Instagram:  
@teaism\_dc

Email:  
[linda@teaism.com](mailto:linda@teaism.com)  
for catering options

