



Teaism Menu

Penn Quarter

Limited Hours Tuesday-Saturday 11am - 8pm
Carry out or Delivery

Order online at www.teaism.com
be sure to select Penn Quarter
or call 202-638-6010
problems? call Linda at 202-409-1285
Look on various delivery platforms too!

LUNCH or DINNER

Okonomiyaki *crispy cabbage pancake, wasabi & okonomi sauces, choice of:*
vegetables / beef / salmon / chicken / shrimp 15.00

Udon Noodle Soup *fat noodles with fresh ginger & mushroom broth, seared mushrooms, baby kale, with choice of added* **vegetables / chicken / shrimp** 14.75

Thai Chicken Curry *D'Artagnan chicken in a rich yellow curry with brown rice, basil, and a skewer of grilled vegetables....* 15.00

Palak Paneer *spinach curry with fresh farmer's cheese, brown rice & a side of raita* 14.00

Baby Kale Salad *with grilled* **salmon / shrimp / chicken / beet patty** *cucumber, tomato, mushrooms, poblanos & croutons with choice of dressing: sumac or tagarashi vegan mayo* 14.75

Teaism Bento Boxes - *sweet potatoes with miso, cucumber with tozazu, and rice* 15.00

- **Grilled Chicken** *glazed with sweet chili*
- **Grilled Salmon** *glazed with sweet chili*
- **Korean Brisket** *with gochujang sauce*
- **Grilled Beet Patty** *with togarashi vegan mayo*


Teaism Sandwiches -

- **Scrambled Eggs** & *chicken sausage, slaw* 12.50 *or just slaw* 9.00
- **Korean Brisket** & *slaw* 13.50
- **Salmon Cake** & *cucumber, kale, wasabi mayo....* 12.50
- **Grilled Chicken** & *cucumber, tomato, miso mayo* 12.50
- **Vegan Cheese Burger** & *kale, tomato, basil, vegan mayo, cheese* 12.50

SIDES

- Brown Rice** 3.00
- Cucumbers** *with tozazu....* 4.50
- Sweet Potato** *with miso* 4.50
- Chicken Apple Sausage** 5.50
- Grilled Vegetable Kabob** 6.50
*sauces: gochujang, sumac vinaigrette, togarashi
vegan mayo, wasabi sauce*

DESSERTS

- Salty Oat** *cookie* 2.50 *kayak  cookies
subtly sweet. curiously salty.*
- Chocolate Salty Oat** *cookie* 2.70
- Chunky Chocolate Pecan Salty Oat**
cookie 2.70

DRINKS

- Boba Tea** *classic bubble tea: iced black tea with milk, sugar & tapioca pearls* 4.00
- Ginger Limeade** 3.50
- Matcha Sweet Green Tea** 3.50
- Mango Juice** 3.75
- Bottled Flat Water** 2.50
- Lassi** *our homemade yogurt drink mango, green tea or plain* 4.00
- Tea** *hot or cold, see back for more info*
- Hot Chai** *Indian spices with milk & sugar....* 3.50

10/29/2020

* Consuming raw or undercooked foods may increase your risk of foodborne illness, especially if you have certain medical conditions.
Note: we cook and bake with nuts and gluten, so the risk of cross-contamination exists. Please consult with us about ingredients and allergies.

TEAS / HOT or ICED16 oz. brewed cup.....

Check out our tea menu for the full list with descriptions! They can be iced, too!

New to tea? Try a classic black tea - which has the highest caffeine content:

- **Chai** *Indian spices, with milk & sugar* 3.50
- **Earl Grey** *with oil of bergamot, a citrus flavor* 3.25
- **Keemun** *full-bodied English breakfast base* 3.25

Oolongs have a more complex leaf and are the “champagne” of teas:

- **Boluomi** *“honey pineapple” with a dry finish* 5.75

How about a lighter, more vegetal green tea?

- **Dragon Well** *fresh grassy flavor & subtle floral aroma* 3.75
- **Jasmine** *scented with jasmine flowers* 4.00
- **Sencha** *spinachy, from Japan* 5.00

Trying to avoid caffeine? Tisanes are blends of fruits, flowers and/or herbs:

- **Berry Beauty** *dried elderberries, currants, with hibiscus* 3.25
- **Lavender Lemon Mint** *and rosemary & cinnamon* 3.25

Feeling adventurous?!

- **Golden Monkey** *elegant black tea with hints of toast, chocolate & wine* 4.50
- **Gen Mai Cha** *spinachy, buttery Japanese green tea with toasted rice* 4.25
- **Soba Cha** *buckwheat tisane with toasted grain flavor, great hot or iced* 3.50

GROCERIES

Salty Oat *all 6-packs* 14.50

Sweet Green Tea *tin* 9.75

Very sweet and very green! Powdered green tea from Japan and sugar, just add water. 12 ounce tin makes one gallon.

Granola *16 oz. bag of our baker’s homemade granola - oats, pecans, dried mango & blueberries, raisins, coconut, maple syrup* 10.75

Ginger Scone Mix 5.50

You Bake Cookies! 12.00/pound

Chai Chocolate Chip Cookie Dough

Hemp Heart Gluten Free Cookie Dough

(One pound yields approximately 15 cookies).

Also consider our packages of loose tea!

Dupont Circle

2009 R Street NW
Washington, DC 20009
202-667-3827

Lafayette Park

800 Conn. Ave. NW
Washington, DC 20006
202-835-2233

Union Market

1309 5th Street NE
Washington, DC 20002
teas & limited menu

www.teaism.com

For more information about the opening of our other locations, see our Facebook page or

Twitter:
[@TeaismATeaHouse](https://twitter.com/TeaismATeaHouse)

Instagram:
[@teaism_dc](https://www.instagram.com/teaism_dc)

Email:
linda@teaism.com
for catering options

