



Teaism Menu

Lafayette Park

Limited Hours Monday - Friday 9am - 4pm
Carry out or Pick up

Order online at www.teaism.com
be sure to select Lafayette Park
or call 202-835-2233
problems? call Linda at 202-409-1285
Look on various delivery platforms too!

BIG DISHES

Okonomiyaki *crispy cabbage pancake, wasabi & okonomi sauces,*
choice of: **vegetables / beef / salmon / chicken / shrimp** 15.00

Udon Noodle Soup *fat noodles with fresh ginger & mushroom broth, seared mushrooms,*
baby kale, with choice of added **vegetables / chicken / shrimp** 14.75

Thai Chicken Curry *D'Artagnan chicken in a rich yellow curry with brown rice, basil,*
and a skewer of grilled vegetables.... 15.00

Palak Paneer *spinach curry with fresh farmer's cheese, brown rice & a side of raita* 14.00

Baby Kale Salad *with grilled* **salmon / shrimp / chicken / beet patty** *cucumber, tomato,*
mushrooms, poblanos & croutons with choice of dressing: sumac or tagarashi vegan mayo 14.75

BENTO BOXES

sweet potatoes with sesame miso, cucumber with tosazu, and rice 15.00

- **Fried Chicken** *with famous onion sauce*
- **Grilled Salmon** *glazed with sweet chili*
- **Korean Brisket** *with gochujang sauce*
- **Grilled Beet Patty** *with togarashi vegan mayo*

SANDWICHES

Korean Brisket & slaw 13.50

Salmon Cake & cucumber, kale, wasabi sauce... 12.50

Grilled Chicken & cucumber,
tomato, miso spread 12.50

Vegan Cheese Burger & kale,
tomato, basil, vegan mayo, cheese 12.50

SIDES

Lentil Soup *with cilantro & pappadum* 5.00

Brown Rice 3.00

Asian Slaw .-... 4.50

Cucumbers *with tosazo* 4.50

Sweet Potato *with sesame miso* 4.50

Chicken Apple Sausage 5.50

Turkey Bacon *three slices* 5.50

Salmon / Beef Brisket / Chicken 8.00

Grilled Vegetable Kabob 6.50
sauces: gochujang, sumac vinaigrette, togarashi vegan mayo, wasabi sauce

DESSERTS

kayak  cookies
subtly sweet. curiously salty.

Salty Oat *cookie* 2.50

Chocolate Salty Oat *cookie* 2.70

Chunky Chocolate Pecan

Salty Oat *cookie* 2.70

ALL-DAY BREAKFAST

Okonomiyaki *with fried eggs, choice of:*
turkey bacon / chicken apple sausage.. 12.50

Scrambled Eggs Sandwich
with slaw and choice of: turkey bacon or
chicken sausage 12.50
or just slaw 9.00

Ginger Scones *vegan*.... 3.00

DRINKS

Boba Tea *classic bubble tea: iced black tea*
with milk, sugar, tapioca pearls 4.00

Ginger Limeade 3.50

Matcha Sweet Green Tea 3.50

Mango Juice 3.75

Bottled Flat Water 2.50

Lassi *our homemade yogurt drink*
mango, green tea or plain 4.00

Tea *hot or cold, see back for more info*
Hot Chai *with milk & sugar*.... 4.00

02/25/2021

* Consuming raw or undercooked foods may increase your risk of foodborne illness, especially if you have certain medical conditions.

Note: we cook and bake with nuts and gluten, so the risk of cross-contamination exists. Please consult with us about ingredients and allergies.

TEAS / HOT or ICED

* = organic

16 oz. brewed cup / or 2oz. loose leaf

● black teas - highest in caffeine

Chai	Indian spices, with milk & sugar.....	4.00 / 15.00	4oz*
Assam	rich & malty, Irish breakfast base.....	3.00 / 7.75	
Ceylon	bright, wiry tea.....	3.50 / 9.00	
Darjeeling	Indian classic, floral*.....	4.00 / 9.75	
Earl Grey	with oil of bergamot*.....	3.25 / 8.00	
Guranse	exquisite aroma & muscatel flavor*.....	3.50 / 9.00	
Keemun	English breakfast base.....	3.25 / 7.50	
Lapsang Souchong	very smoky*.....	3.00 / 7.25	

● oolong teas - complex leaf, the champagne of teas

Anxi	slightly oxidized oolong.....	3.25 / 9.50
Formosa	a classic also on the green side.....	5.25 / 18.00
Tie Guanyin	woody, robust flavor.....	5.25 / 18.00

● green teas - slower release caffeine, milder

Dragon Well	classic Chinese, grassy*.....	3.75 / 10.75
Hojicha	toasted, nutty flavor, low in caffeine.....	3.50 / 8.50
Jasmine Pearl	hand rolled, floral.....	4.50 / 14.75
Moroccan Mint	green tea & spearmint.....	3.25 / 7.75
Sencha	spinachy, Japanese.....	5.00 / 17.00

● white teas - the least processed, light & fresh

Silver Needle Fuding	pure leaf bud.....	5.00 / 16.50
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● tisanes - caffeine-free blends of flowers, fruits & herbs

Ginger Zing	sweet, sour & fruity*.....	3.25 / 8.50
Lavender Lemon Mint	3.25 / 7.50
Haldi Lemongrass	turmeric, apples, cardamom.....	3.50 / 9.00
Mind & Body	lemongrass, apple, rooibos, ginger.....	3.25 / 7.00
Now & Zen	gingko, St. John's Wort, lemongrass.....	3.25 / 7.00
Quiet Evening	chamomile, peppermint, rosehips*....	3.50 / 9.50
Star of Africa	rooibos & fruit blend, great iced.....	3.25 / 7.00
World Peace	peppermint, licorice root & cloves.....	3.00 / 7.00

GROCERIES

Salty Oat all 6-packs 14.50

Matcha Sweet Green Tea tin 9.75

Very sweet and very green! Powdered green tea from Japan and sugar, just add water. 12 ounce tin makes one gallon.

Granola 16 oz. bag of our baker's homemade granola - oats, pecans, dried mango & blueberries, raisins, coconut, maple syrup 10.75

Ginger Scone Mix 5.50

You Bake Cookies! 12.00/pound

Chai Chocolate Chip Cookie Dough

Hemp Heart Gluten Free Cookie Dough

(One pound yields approximately 15 cookies).

Also consider our packages of loose tea!

Dupont Circle

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Washington, DC 20009
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Penn Quarter

400 8th Street NW
Washington, DC 20004
202-638-6010

Lafayette Park

800 Conn. Ave. NW
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202-835-2233

www.teaism.com

For more information about the opening of our other locations, see our Facebook page or

Twitter:
@TeaismATeaHouse

Instagram:
@teaism_dc

Email:
linda@teaism.com
for catering options

