

Teaism Menu

Lafayette Park

BIG DISHES

Okonomiyaki

crispy cabbage pancake, wasabi & okonomi sauces, choice of: **vegetables / beef / salmon / chicken / shrimp** ... 15.00

Udon Noodle Soup

fat noodles, fresh ginger & mushroom broth, cherry tomatoes, baby kale, choice of: **vegetables / chicken / shrimp** ... 14.75

Mezze

a light sampling : Pipe Dreams goat cheese, broccoli & orange fennel vinaigrette, beet hummus, Golden Monkey Nuts, toast ... 13.00

Thai Chicken Curry

D'Artagnan chicken in a rich yellow curry, brown rice, Thai basil, & skewer of grilled vegetables... 15.00

Palak Paneer

a creamy spinach curry with farmer's cheese, brown rice & side of raita ... 14.00

Dream Salad

lettuce, quinoa, chickpeas, mint, beet hummus, fresh orange, dates, Golden Monkey nuts & orange fennel vinaigrette ... 14.00

SANDWICHES

Korean Beef Brisket & slaw ... 13.50

Salmon Cake cucumber, kale, wasabi mayo ... 12.50

D'Artagnan Chicken grilled or panko fried with cucumber, tomato, miso mayo ... 12.50

Vegan Cheese Burger homemade beet-quinoa patty, lettuce, tomato, Thai basil, miso mayo ... 12.50

BENTO BOXES

All with broccoli & orange fennel vinaigrette, sweet potato & miso sauce, and rice 15.00

- **Chicken** grilled or panko fried
- **Grilled Salmon** yuzu dipping sauce
- **Korean Beef Brisket** with gochujang sauce
- **Beet Patty** homemade vegan beet-quinoa patty with togarashi dip

TRASH or TREASURE

Menu items developed to utilize product often wasted in restaurants (#RescueDishDC)

Broccoli Tots with Pipe Dreams goat cheese and togarashi dip ... 6.00

Hours Monday - Friday 9am - 4pm

Indoor/outdoor seating, carry out, delivery

ALL-DAY BREAKFAST

Okonomiyaki with fried eggs & choice of: turkey bacon / chicken apple sausage ... 12.50 or just eggs ... 9.00

Scrambled Egg Sandwich

with slaw and choice of turkey bacon / chicken apple sausage ... 12.50 or just slaw ... 9.00

French Toast

with pure organic maple syrup, stewed apples & cranberries
single slice 6.00 or double slice 12.00

SIDES

Curried Lentil Soup

with cilantro and papadam... 5.25

Brown Rice ... 3.00

Asian Slaw ... 4.50

Sweet Potatoes with miso sauce... 4.50

Broccoli & orange fennel vinaigrette ... 4.50

Chicken Apple Sausage ... 5.50

Turkey Bacon three slices ... 5.50

Salmon / Beef Brisket / Chicken ... 8.00

Grilled Vegetable Kabob ... 6.50
sauces: gochujang, orange fennel vinaigrette, togarashi dip, wasabi mayo, or roasted tea vinaigrette

DESSERTS

kauak 🍪 cookies

Made by 🌿 Teaism

Salty Oat cookie ... 2.70

Chocolate Salty Oat cookie ... 2.70

Chunky Choc. Pecan Salty Oat cookie 2.70

2 Ginger Scones ... 3.00

Hempheart Cookie (GF) ... 2.50

Jasmine Creme Brulee ... 4.50

Dolcezza Matcha Gelato ... 5.00

Mochi Japanese sweet bean confection ... 3.75

* Consuming raw or undercooked foods may increase your risk of foodborne illness, especially if you have certain medical conditions.

Note: we cook and bake with nuts and gluten, so the risk of cross-contamination exists. Please consult with us about ingredients and allergies.

11/7/2021

TEAS / HOT or ICED

* = organic

16 oz. brewed cup / or 2oz. loose leaf

● black teas - highest in caffeine

Chai	Indian spices, with milk & sugar.....	4.00	/	15.00	4oz*
Assam	rich & malty, Irish breakfast base.....	3.00	/	8.00	
Ceylon	bright, wiry tea.....	3.50	/	9.25	
Darjeeling	Indian classic, floral*.....	4.00	/	10.00	
Earl Grey	with oil of bergamot*.....	3.25	/	9.00	
Guranse	exquisite aroma & muscatel flavor*.....	3.50	/	9.25	
Keemun	English breakfast base.....	3.25	/	7.75	
Lapsang Souchong	very smoky*.....	3.00	/	7.50	

● oolong teas - complex leaf, the champagne of teas

Anxi	slightly oxidized oolong.....	3.25	/	9.50	
Formosa	a classic also on the green side.....	5.25	/	18.00	
Tie Guanyin	woody, robust flavor.....	5.25	/	18.00	

● green teas - slower release caffeine, milder

Dragon Well	classic Chinese, grassy*.....	3.75	/	11.25	
Hojicha	toasted, nutty flavor, low in caffeine.....	3.50	/	9.50	
Jasmine Pearl	hand rolled, floral.....	4.50	/	14.75	
Moroccan Mint	green tea & spearmint.....	3.25	/	8.00	
Sencha	spinachy, Japanese.....	5.00	/	17.50	

● white teas - the least processed, light & fresh

Silver Needle Fuding	pure leaf bud.....	5.00	/	18.50	
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● tisanes - caffeine-free blends of flowers, fruits & herbs

Ginger Zing	sweet, sour & fruity*.....	3.25	/	9.00	
Lavender Lemon Mint	3.25	/	7.75	
Haldi Lemongrass	turmeric, apples, cardamom.....	3.50	/	9.25	
Mind & Body	lemongrass, apple, rooibos, ginger.....	3.25	/	7.25	
Now & Zen	gingko, St. John's Wort, lemongrass.....	3.25	/	7.25	
Quiet Evening	chamomile, peppermint, rosehips*....	3.50	/	9.75	
Star of Africa	rooibos & fruit blend, great iced.....	3.25	/	7.25	
World Peace	peppermint, licorice root & cloves.....	3.00	/	7.25	

Lafayette Park

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Penn Quarter

400 8th Street NW
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Dupont Circle

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For more information, see
our Facebook page or

Twitter:

@TeaismATeaHouse

Instagram:

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Email:

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for catering options



Boba Tea

classic iced bubble tea:

steeped black milk tea with brown
sugar-soaked tapioca pearls ... 4.00

more options (prices vary)

add boba to any drink, like:

iced sweet matcha

iced haldi lemongrass

mango or green tea lassi

mango juice

iced jasmine pearl

DRINKS

Ginger Limeade ... 3.50

Matcha Sweet Green Tea ... 3.50

Mango Juice ... 3.75

Bottled Flat or Sparkling Water ... 2.50

Lassi our homemade yogurt drink mango,
green tea or plain ... 4.00

Hot Chai Indian spices with milk & sugar ... 4.00

GROCERIES

Salty Oat all 6-packs ... 15.00

Matcha Sweet Green Tea tin ... 9.75

Granola house-made, 16 oz bag... 10.75

Ginger Scone Mix ... 5.50

Chinese Street Market DC Chili Oil ... 10.00

Also consider our packages of loose tea!