



# Teaism Menu

Dupont Circle

Limited Hours daily 11am - 8pm  
Carry out or Delivery

Order online at [www.teaism.com](http://www.teaism.com)  
be sure to select Dupont Circle  
or call 202-667-3827  
problems? call Linda at 202-409-1285  
Look on various delivery platforms too!

## LUNCH or DINNER

**Okonomiyaki** *crispy cabbage pancake, wasabi & okonomi sauces, choice of:*  
vegetables / beef / salmon / chicken / shrimp .... 15.00

**Udon Noodle Soup** *fat noodles with fresh ginger & mushroom broth, seared mushrooms, baby kale, with choice of added* **vegetables / chicken / shrimp** .... 14.75

**Thai Chicken Curry** *D'Artagnan chicken in a rich yellow curry with brown rice, basil, and a skewer of grilled vegetables....* 15.00

**Palak Paneer** *spinach curry with fresh farmer's cheese, brown rice & a side of raita ....* 14.00

**Baby Kale Salad** *with grilled* **salmon / shrimp / chicken / beet patty** *cucumber, tomato, mushrooms, poblanos & croutons with choice of dressing: sumac or tagarashi vegan mayo ....* 14.75

**Teaism Bento Boxes** - *sweet potatoes with miso, cucumber with tozazu, and rice ....* 15.00

- **Grilled Chicken** *glazed with sweet chili*
- **Grilled Salmon** *glazed with sweet chili*
- **Korean Brisket** *with gochujang sauce*
- **Grilled Beet Patty** *with togarashi vegan mayo*


### Teaism Sandwiches -

- **Scrambled Eggs** & *chicken sausage, slaw ....* 12.50 *or just slaw ....* 9.00
- **Korean Brisket** & *slaw ....* 13.50
- **Salmon Cake** & *cucumber, kale, wasabi mayo....* 12.50
- **Grilled Chicken** & *cucumber, tomato, miso mayo ....* 12.50
- **Vegan Cheese Burger** & *kale, tomato, basil, vegan mayo, cheese ....* 12.50

## SIDES

- Brown Rice** .... 3.00
- Cucumbers** *with tozazu....* 4.50
- Sweet Potato** *with miso ....* 4.50
- Chicken Apple Sausage** .... 5.50
- Grilled Vegetable Kabob** .... 6.50  
*sauces: gochujang, sumac vinaigrette, togarashi  
vegan mayo, wasabi sauce*

## DESSERTS

- Salty Oat** *cookie ....* 2.50 *kayak  cookies  
subtly sweet. curiously salty.*
- Chocolate Salty Oat** *cookie ....* 2.70
- Chunky Chocolate Pecan Salty Oat**  
*cookie ....* 2.70

## DRINKS

- Boba Tea** *classic bubble tea: iced black tea with milk, sugar & tapioca pearls ....* 4.00
- Ginger Limeade** .... 3.50
- Matcha Sweet Green Tea** .... 3.50
- Mango Juice** .... 3.75
- Bottled Flat Water** .... 2.50
- Lassi** *our homemade yogurt drink mango, green tea or plain ....* 4.00
- Tea** *hot or cold, see back for more info*
- Hot Chai** *Indian spices with milk & sugar....* 3.50

10/29/2020

\* Consuming raw or undercooked foods may increase your risk of foodborne illness, especially if you have certain medical conditions.  
Note: we cook and bake with nuts and gluten, so the risk of cross-contamination exists. Please consult with us about ingredients and allergies.

## TEAS / HOT or ICED ..... 16 oz. brewed cup.....

Check out our tea menu for the full list with descriptions! They can be iced, too!

New to tea? Try a classic black tea - which has the highest caffeine content:

- **Chai** *Indian spices, with milk & sugar* .... 3.50
- **Earl Grey** *with oil of bergamot, a citrus flavor* .... 3.25
- **Keemun** *full-bodied English breakfast base* .... 3.25

Oolongs have a more complex leaf and are the “champagne” of teas:

- **Boluomi** *“honey pineapple” with a dry finish* .... 5.75

How about a lighter, more vegetal green tea?

- **Dragon Well** *fresh grassy flavor & subtle floral aroma* .... 3.75
- **Jasmine** *scented with jasmine flowers* .... 4.00
- **Sencha** *spinachy, from Japan* .... 5.00

Trying to avoid caffeine? Tisanes are blends of fruits, flowers and/or herbs:

- **Berry Beauty** *dried elderberries, currants, with hibiscus* .... 3.25
- **Lavender Lemon Mint** *and rosemary & cinnamon* .... 3.25

Feeling adventurous?!

- **Golden Monkey** *elegant black tea with hints of toast, chocolate & wine* .... 4.50
- **Gen Mai Cha** *spinachy, buttery Japanese green tea with toasted rice* .... 4.25
- **Soba Cha** *buckwheat tisane with toasted grain flavor, great hot or iced* .... 3.50

## GROCERIES

**Salty Oat** *all 6-packs* .... 14.50

**Sweet Green Tea** *tin* .... 9.75

*Very sweet and very green! Powdered green tea from Japan and sugar, just add water. 12 ounce tin makes one gallon.*

**Granola** *16 oz. bag of our baker's homemade granola - oats, pecans, dried mango & blueberries, raisins, coconut, maple syrup* .... 10.75

**Ginger Scone Mix** .... 5.50

**You Bake Cookies!** .... 12.00/pound

**Chai Chocolate Chip Cookie Dough**

**Hemp Heart Gluten Free Cookie Dough**

*(One pound yields approximately 15 cookies).*

**Also consider our packages of loose tea!**

### Penn Quarter

400 8th Street NW  
Washington, DC 20004  
202-638-6010

### Lafayette Park

800 Conn. Ave. NW  
Washington, DC 20006  
202-835-2233

### Union Market

1309 5th Street NE  
Washington, DC 20002  
*teas & limited menu*

[www.teaism.com](http://www.teaism.com)

*For more information about the opening of our other locations, see our Facebook page or*

Twitter:  
[@TeaismATeaHouse](https://twitter.com/TeaismATeaHouse)

Instagram:  
[@teaism\\_dc](https://www.instagram.com/teaism_dc)

Email:  
[linda@teaism.com](mailto:linda@teaism.com)  
*for catering options*

