Teaism Menu
Penn Quarter

Limited Hours  Tuesday-Saturday 11am - 8 pm
Carry out or Delivery

LUNCH or DINNER

Okonomiyaki crispy cabbage pancake, wasabi & okonomi sauces, choice of: vegetables / beef / salmon / chicken / shrimp .... 15.00

Udon Noodle Soup fat noodles with fresh ginger & mushroom broth, seared mushrooms, baby kale, with choice of added vegetables / chicken / shrimp .... 14.75

Thai Chicken Curry D’Artagnan chicken in a rich yellow curry with brown rice, basil, and a skewer of grilled vegetables .... 15.00

Palak Paneer spinach curry with fresh farmer’s cheese, brown rice & a side of raita .... 14.00

Baby Kale Salad with grilled salmon / shrimp / chicken / beet patty cucumber, tomato, mushrooms, poblanos & croutons with choice of dressing; sumac or togarashi vegan mayo .... 14.75

Teaism Bento Boxes - sweet potatoes with miso, cucumber with tosazu, and rice .... 15.00
- Grilled Chicken glazed with sweet chili
- Grilled Salmon glazed with sweet chili
- Korean Brisket with gochujang sauce
- Grilled Beet Patty with togarashi vegan mayo

Teaism Sandwiches -
- Scrambled Eggs & chicken sausage, slaw .... 12.50 or just slaw .... 9.00
- Korean Brisket & slaw .... 13.50
- Salmon Cake & cucumber, kale, wasabi mayo .... 12.50
- Grilled Chicken & cucumber, tomato, miso mayo .... 12.50
- Vegan Cheese Burger & kale, tomato, basil, vegan mayo, cheese .... 12.50

SIDES

Brown Rice .... 3.00
Cucumbers with tosazu .... 4.50
Sweet Potato with miso .... 4.50
Chicken Apple Sausage .... 5.50
Grilled Vegetable Kabob .... 6.50
sauces: gochujang, sumac vinaigrette, togarashi vegan mayo, wasabi sauce

DESSERTS

Salty Oat cookie .... 2.50  kayak cookies
Chocolate Salty Oat cookie .... 2.70
Chunky Chocolate Pecan Salty Oat cookie .... 2.70

DRINKS

Boba Tea classic bubble tea: iced black tea with milk, sugar & tapioca pearls .... 4.00
Ginger Limeade .... 3.50
Matcha Sweet Green Tea .... 3.50
Mango Juice .... 3.75
Bottled Flat Water .... 2.50
Lassi our homemade yogurt drink mango, green tea or plain .... 4.00
Tea hot or cold, see back for more info
Hot Chai Indian spices with milk & sugar .... 3.50

Order online at www.teaism.com be sure to select Penn Quarter or call 202-638-6010 problems? call Linda at 202-409-1285
Look on various delivery platforms too!

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* Consuming raw or undercooked foods may increase your risk of foodborne illness, especially if you have certain medical conditions.
Note: we cook and bake with nuts and gluten, so the risk of cross-contamination exists. Please consult with us about ingredients and allergies.

10/29/2020
Check out our tea menu for the full list with descriptions! They can be iced, too!

New to tea? Try a classic black tea - which has the highest caffeine content:

- **Chai**  Indian spices, with milk & sugar .... 3.50
- **Earl Grey**  with oil of bergamot, a citrus flavor .... 3.25
- **Keemun**  full-bodied English breakfast base .... 3.25

Oolongs have a more complex leaf and are the “champagne” of teas:

- **Boluomi**  “honey pineapple” with a dry finish .... 5.75

How about a lighter, more vegetal green tea?

- **Dragon Well**   fresh grassy flavor & subtle floral aroma .... 3.75
- **Jasmine**   scented with jasmine flowers .... 4.00
- **Sencha**   spinachy, from Japan .... 5.00

Trying to avoid caffeine? Tisanes are blends of fruits, flowers and/or herbs:

- **Berry Beauty**  dried elderberries, currants, with hibiscus .... 3.25
- **Lavender Lemon Mint** and rosemary & cinnamon .... 3.25

Feeling adventurous?!

- **Golden Monkey**  elegant black tea with hints of toast, chocolate & wine .... 4.50
- **Gen Mai Cha**  spinachy, buttery Japanese green tea with toasted rice .... 4.25
- **Soba Cha**  buckwheat tisane with toasted grain flavor, great hot or iced .... 3.50

**GROCERIES**

- **Salty Oat**  all 6-packs .... 14.50
- **Sweet Green Tea**  tin .... 9.75
  Very sweet and very green! Powdered green tea from Japan and sugar, just add water. 12 ounce tin makes one gallon.
- **Granola**  16 oz. bag of our baker’s homemade granola - oats, pecans, dried mango & blueberries, raisins, coconut, maple syrup .... 10.75
- **Ginger Scone Mix**  .... 5.50
- **You Bake Cookies!**  .... 12.00/pound
  - Chai Chocolate Chip Cookie Dough
  - Hemp Heart Gluten Free Cookie Dough
  (One pound yields approximately 15 cookies).

Also consider our packages of loose tea!

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**Dupont Circle**
2009 R Street NW
Washington, DC 20009
202-667-3827

**Lafayette Park**
800 Conn. Ave. NW
Washington, DC 20006
202-835-2233

**Union Market**
1309 5th Street NE
Washington, DC 20002
teas & limited menu

www.teaism.com
For more information about the opening of our other locations, see our Facebook page or
Twitter: @TeaismATeaHouse
Instagram: @teaism_dc
Email: linda@teaism.com for catering options